

# Maya Divide Trail Toledo

## 8 - 10 days Top Adventure Expedition Belize

06:00 am from San Jose Village (Toledo)

This fantastic expedition will take you for 10 days deep in the Maya Mountains of south-central Belize. There's no beer, no nothing, except what you will carry on your back. This is another world — a green, dripping, dark tapestry where rivers disappear underground, howler monkeys roar from the treetops, thousand-year-old Mayan temples await discovery — and ticks, chiggers and flesh-boring flies buzz and bite. For some of you will that be the hardest 10 days of your life. The southern Maya Mountains are largely unexplored, and for good reason, the limestone topography is extremely rugged; over-land travel requires carrying heavy packs over rough terrain with no established trails; daytime temperatures often reach 100 degrees, with humidity to match. The Southern Maya Mountains, found in Belize, are known to have the greatest diversity of flora and fauna found in the world. Biologists refer to this region as the “green paradise” of the rainforest in Belize.

Ten days on the move will take us over the Maya Mountains Divide nearly 1,000 meters above sea level and the highest point of our journey. The going will be torturous as the day progresses. Up and down, up and down...and so on, endlessly. Your rations — dehydrated beans, rice, pasta, oatmeal, cheese, salami, jam, bread and assorted high energy bars are nutritious enough, even tasty and keep well on the trail.

Get ready for one of the world's most punishing jungles. Your life will focus on the very basics: shelter, fire, water and food.



☑ *discover the richness and beauty of Gibnut Cave where you learn about medicinal rainforest plants*

☑ *explore the Jungle in the Maya Mountains - relax and enjoy yourself while you encounter fantastic wildlife, flora and fauna*



### **Be aware:**

This will be a very arduous and tiring trail both mentally and physically. You need to be physically fit and prepared to stand up to the rigors of this beautiful, gorgeous but challenging environment (not for the faint hearted).



Tour operated by  
**Sun Creek Lodge  
& IBTM Tours**

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### ☑ **Top Adventure Price:**

US \$1,795.00 per person (10 days)

**What's Included:** Guide Service, Food, Transportation from Sun Creek to San Jose (Toledo) and Las Cuevas back to Toledo

**Not included:** Your own backpack, hammock, basha

**Departures:** Departs year round from Sun Creek

